

3/4 B.Tech - SECOND SEMESTER

IT6L4

PERSONALITY DEVELOPMENT COURSE

Credits:1

Lab: 2 Periods/week

Internal assessment: 50 marks

Objectives:

- To introduce fundamentals of various aspects of personality traits.
- To give them adequate exposure to the basic aspects which mould the personality
- To enable them to develop humble nature.
- To create in them the love for human values.

Outcomes:

Students will be able to

- Improve Leadership skills.
- Acquire Non verbal skills.
- Develop Team culture.
- Improve Managerial qualities and communication skills.
- Refine the Body Language.

Syllabus:**UNIT-I**

PERSONALITY:

1. Grooming one's personality
2. Influence of heredity and environment on personality
3. Different personality types.

UNIT-II

PERSONALITY DEVELOPMENT

1. Freudian Analysis
2. Vivekananda concept

UNIT-III

LEADERSHIP QUALITIES

1. Communication skills
2. Attitude
3. Empathy
4. Adaptability
5. Conflict Resolution

UNIT-IV

SOFT SKILLS IN WORKPLACE

1. Time management
2. Planning & organization
3. Parkinson's law
- 5 Team work
6. Assertiveness

UNIT-V

BODY LANGUAGE

1. Aggressiveness
2. Submissiveness
3. Attentiveness
4. Nervousness
5. Defensiveness
6. Handshake

Text Book:

1. Personality development & soft skills BarunK.Mith Oxford

Reference Books:

1. Personal & emotional competence, V.Bhaskara Rao, B.S.P
2. Step by step –Niruparani.K, JayasreeMohanra, Pearson